



## Foreword

We receive five senses at birth – the sense of sight, smell, taste, hearing and touch, but, to an ever-increasing extent, we learn through one-dimensional acquired knowledge using computer searches, social media and memorization. What we lack is the continuing multi-dimensional knowledge we receive from the development and use of our senses to learn and to explore and reach logical conclusions from our own observations and experiences. We hope that the activities contained in this booklet will help you discover and explore the limitless possibilities available through using your senses to see and discover them.

Paul Oberg, CEO, Jeffers Foundation

Students at Jeffers Pond Elementary Nature Preschool