

Look and See

Themed Hikes - We go looking - under!

Overview: This is a refreshing break and a fun way to make words real as you stress a new vocabulary word – Under.

Materials: none

Time: 5 – 15 minutes

Action:

- Circle UP and explain that the class is going on a hike to look UNDER things.
- Look under the tree, under the bush, under the rock, under the log – and observe the living/nonliving surprises, like a pill bug.
- Have students suggest other things or places to look under.

Management Strategies: Be sure to return the log to its original position. Somebody lives under there. All hikes help develop motor skills and balance.

Look at your curriculum for other “Themed Hikes:”

- Alphabet hike
- Numbers hike
- Noun or Verb hike
- Geometric Shapes hike
- Bird hike – listening to bird songs may improve spatial awareness.
- Texture hikes
- Topics are limited only by your imagination.

