

## Listen Up

### Footsteps

**Overview:** Young students will take a walk to hear what different kinds of footstep sounds they can make.

**Time:** 15-20 minutes

**Action:**

- Walk children to a variety of places to make sounds in the grass, dried leaves, gravel, puddles, snow, ice, sidewalk, or hallway.
- Have them think of words to describe the sounds they hear.

**Vocabulary:** Make a vocabulary list for each area and each season. These words could be posted in the classroom to use in writing and speaking activities.

**Management Strategies:** Talk about safety when walking in puddles, snow and on ice. These substrates improve balance and spatial awareness. To be more inclusive, focus on textures as well as sounds.



Learning outside in the winter is no problem for preschoolers when they're dressed for the weather.