

Good Sense

A primer of easy-to-use sensory activities taken from Jeffers workshops designed to enhance observation skills. With slight modifications most activities can be used with K-12 students.

What teachers say about Jeffers workshops:

Written reflection after a Jeffers workshop:

"...The last powerful thing that I left the workshop with was the power of our senses. I could not believe how many things I overlooked when I didn't really engage all my senses. The various activities that we did helped me to stop and really observe closely using my senses. When I engaged my senses I could notice how much detail there was. This is a process that I have to teach students. It is also something that will take time..."

Kelsey

"Wow, the more you look, the more you see!"

"I'm amazed! It was right in front of me and I didn't even notice."



Teachers learn outdoor education skills at a Jeffers workshop