

March - Week 2

Music to your Ears: Winter turns to Spring

As day length and the sun angle increases, the physical and biological world changes its rhythms. The March sunshine readily melts snow on all surfaces even when the air temperature is below freezing. Overnight refreeze often results in the formation of icicles hanging off rooftops and tree branches. The impending sunlight shines both on and through the icicles leading to their melting and a musical beat of drops landing on the surfaces below.

Take a walk and observe the sounds of the emerging spring season. Periodically stop and listen to nature; the dripping of water, the singing of birds, and the wind interacting with the tree branches. Notice the rhythms of the sounds. Begin walking again and listen to the sounds of your footsteps on different surfaces such as snow, mud, grass, and in a puddle.

Gather your observations on a journal page. Include both descriptions of the sounds as well as a list of sounds you hear. Make additional sensory observations using your sense of smell, touch, and sight to enrich your experience. Compose a rhythmic poem or song inspired by the music and feel of the day. Sing it (or say it) out loud, for yourself or for others to hear and enjoy.

How may the music sound on a colder or warmer day this week, or next year at this time?



Melting ice is part of the soundscape of spring.